

# Standardizing Education for CKD Patients: Is there an ideal process

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# Objectives

Identify strategies to deliver person centered  
CKD education

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# Considerations

- Population demographics
  - Language barriers
  - Transportation barriers
  - Accommodating work schedules
- Psychosocial concerns

# Learning Styles

- Visual / Auditory: Power point, pictures, videos
- Kinetic: Props, things people can feel
- Engagement: Ask questions

- Humor

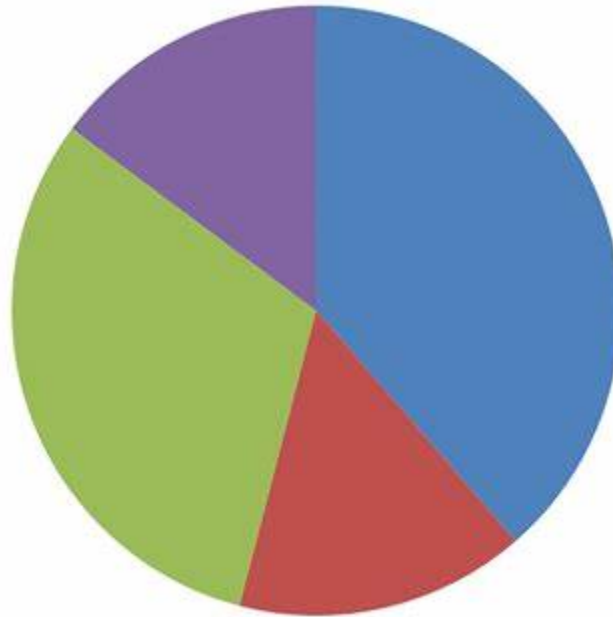


- Empathy



# Content

- Basic / Full Class
- Treatment options



# Self-Care Deficit Nursing Theory

Dorthea Orem



- People are individuals
- Knowledge of health is necessary to provide self care
- People want to care for themselves as much as possible
- People recover quicker if participating in self-care
- When people are unable to provide self-care, nurses can assist with partial or complete care



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Self Care Deficit Nursing Theory