Standardizing Education for CKD Patients: Is there an ideal process

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Objectives

Identify strategies to deliver person centered CKD education
Can we provide standardized CKD education?

- Is everyone in the same stage of CKD?
- Is everyone at the same psychological point of acceptance?
- Does everyone have the same learning abilities?
- Does everyone have the same level of health literacy?
- Does everyone have the same learning styles?
Considerations

• Population demographics
  – Language barriers
  – Transportation barriers
  – Accommodating work schedules

• Psychosocial concerns
Learning Styles

• Visual / Auditory: Power point, pictures, videos
• Kinetic: Props, things people can feel
• Engagement: Ask questions
• Humor
• Empathy
Content

• Basic / Full Class
• Treatment options
Self-Care Deficit Nursing Theory
Dorthea Orem

- People are individuals
- Knowledge of health is necessary to provide self care
- People want to care for themselves as much as possible
- People recover quicker if participating in self-care
- When people are unable to provide self-care, nurses can assist with partial or complete care
Dorthea Orem

Self Care Deficit Nursing Theory