


FRESENIUS KIDNEY CARE



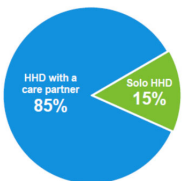
NxStage Solo: Pros and Cons

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Background



15% of patients **ALREADY** confidently and competently perform independent, **Solo Home Hemodialysis***

NxStage System One cyclor is FDA approved for Independent Home Hemodialysis during waking hours.

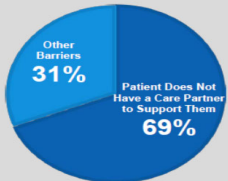
*NxStage Data

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Opportunity to Offer Home Therapies to More Patients

Care partner requirements have been named the #1 barrier for HHD growth*

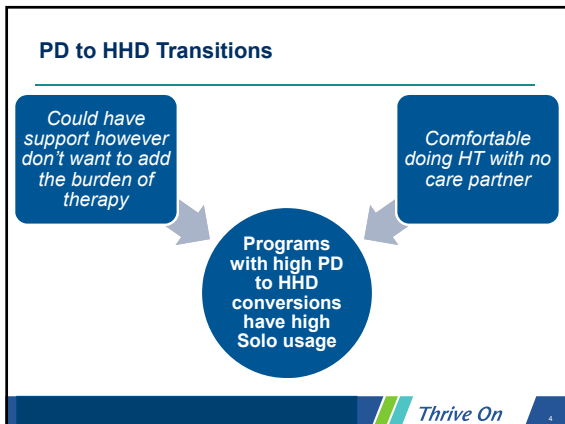
Q: Which of the following do you believe are the greatest barriers to patients starting home hemodialysis with NxStage System One?



Care partner burden, or loss of a partner, may increase risk of therapy attrition for patients on HHD Therapy

The lack of care partner may have disqualified HHD as therapy option for otherwise, qualified patients







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- ### Items to consider when assessing suitability:
- Patient lives in a safe home environment
 - Functions well in stressful situations
 - Comfortable with self-cannulation
 - Comfortable with frequent home visits
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- ### Items to consider when assessing suitability:
- Will provide an emergency response plan
 - Can utilize Connected Health
 - Patient's ultrafiltration rate < 10 mL/kg/hr
 - Minimal hypotensive episodes
 - Infrequently needs saline boluses
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Patient Training on Solo


<ul style="list-style-type: none">Teach patients to respond to symptoms firstCheck second <p>Plan - DO - Check - Act</p> 	<ul style="list-style-type: none">Vascular Access<ul style="list-style-type: none">RedsenseExtended base for NxStage cyclor <p>Blood Leak Detection Device</p> 	<ul style="list-style-type: none">Alert method in case of emergency <p>Emergency Plan</p> 
<ul style="list-style-type: none">Minimize any reason the patient might need to get up on treatment <p>Supplies at chairside</p> 	<ul style="list-style-type: none">Quarterly home visitsQuarterly Cannulation checks <p>Frequent Post Training Checks</p> 	<ul style="list-style-type: none">Supplies will need to be at chairside <p>Lab Draws</p> 

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Patient Supplies


Goal:

- Minimize need for patient to stand or get out of chair during treatment



Labs:

- Centrifuge at chairside
- Place in cooler at chairside



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Patient Supplies: Tips and Tricks

- Supply Checklist review before every treatment
- Ready made "supply packs"
- Machine should be either facing patient or on the side of the non-access arm
- Use a swivel chair for ease of movement
- Use the saline hook (short IV pole) to hang saline bag (instead of the tall one)
- Put a second bag of saline on the saline hook when setting up for treatment


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Emergency Plan

- Plan with local EMS
- Video Monitoring
- Messaging with support person
- Life Alert
- Door unlocked

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Cons to Solo Home Hemodialysis?



When done under the right conditions, NxStage Solo is a great option for dialysis patients!

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